

Sample Triad Coaching Call Agenda:

***PCA – Person Who Has Completed a TriMetrix Assessment

(Sample TriMetrix assessment: http://www.pricelessprofessional.com/support-files/tri_hd_coaching_sample.pdf)

- OVERVIEW ON WHAT'S HAPPENING RIGHT NOW:
 - What's going well right now @ the Business? @ the team? @ the working relationship between PCA*** and Manager?
 - What's challenging right now @ the Business? @ the team? @ the working relationship between PCA and Manager?

- ASSESSMENT REVIEW/DISCUSSION:
 - **Checklist for Communicating – Ways to Communicate and Ways NOT to Communicate pages 6 & 7**
 - PCA*** please share:
 - Ways to Communicate - Pick your top three items from the list and share how this helps you.
 - Ways NOT to Communicate - Pick your top three items from the list and share how this helps you.
 - **Perceptions page 9:**
 - PCA:
 - Which do you already know?
 - Which surprise you?
 - Most people cannot identify with "under extreme pressure". Do you agree or disagree?
 - Manager – what feedback can you provide around this feedback from the Assessment – what do you experience and what does not apply
 - **DISC and Motivators combined – STRENGTHS – page 40:**
 - PCA:
 - Pick your top three items from the list, share the what you selected and why you picked them.
 - Are these areas where can you make the most impact?
 - Manager – any comments?
 - **DISC and Motivators combined - CONFLICT– page 41:**
 - PCA:
 - Pick your top three items from the list, share what you selected and why you picked them.
 - Share how these areas could affect your goals and effectiveness on the job.
 - Manager - any comments?
 - **DISC and Motivators combined – IDEAL ENVIRONMENT – page 42:**
 - PCA:
 - Pick your top three items from the list, share what you selected and why you picked them.

- Are these present in your current environment?
- Where and with whom do you work best?
- Manager any comments?
- **DISC and Motivators combined - KEYS TO MOTIVATING – page 43:**
 - PCA:
 - Pick your top three items from the list, share what you selected and why you picked them.
 - Share thoughts around these items are important to you and how this helps you be more effective.
 - Manager – any comments?
- **DISC and Motivators combined – KEYS TO MANAGING – page 44:**
 - PCA
 - Pick your top three items from the list, share what you selected and why you picked them.
 - Share thoughts around these items are important to you and how this helps you be more effective.
 - What other support can others provide – that would help you reach your goals personally or professionally?
 - Manager - any comments?
- Manager - **additional comments** – around top focus areas you want PCA to focus on over the next three to four months?
- PCA - What do you feel good about? Is there anything you would add to the focus areas your Manager shared?
- Both – How would you measure success?
- Next steps...

***For Wake Up Eager Workforce Podcast, Episode #23 www.pricelessprofessional.com/magic