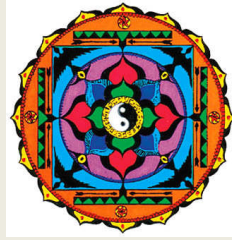


# What is My Intention?



*Never again will I do anything for anyone directly  
that I do not feel from my heart.*

*I will not attend a meeting, make a phone call, write a letter, sponsor or  
participate in any activity in which **every fiber** of my being does not  
resound with a positive YES!*

*I will act with the intention  
**to be true** to myself.*

*What is my truest intention? It comes from the  
**purest part of me**, not from my head.  
If I ask for advice, I give myself time to let  
a yes or no resound within me.*

*When it is right my **whole body  
and being** feels it.  
I must **be clear** about who I am.  
I beat the disease to please.  
I am a decent, kind and giving person.*

***I have nothing to prove.***

*This is who I am.*

*-----Oprah*

Provided by: Wake Up Eager: <http://www.wakeupeager.com>

Quiz for Self Esteem Post:

<http://www.pricelessprofessional.com/quiz-for-self-esteem-2.html>